

# HOLY CROSS COLLEGE CAFÉ MENU - SPRING/SUMMER

**During Lent the College Café will be meat free on Friday's.**

Our College Café aims to provide students, staff and our College community with both a nutritious and affordable range of foods to encourage all to make 'healthy choices for their lives including healthy food choices.' The Café is open for breakfast daily and open every day for recess and lunch. Availability of some items will be determined on the day. **Prices are subject to change without notice.**



Taco Tuesday

Students are to pay for items in cash at the time they are purchased. **Please no 'on account' requests.** In keeping with our Healthy Eating Policy, pastries will be sold on Monday and Friday only.

Parent help is always needed and appreciated. Please feel free to pop in.

<b>RECESS SNACK ATTACK!!!</b>		<b>*FRESH ROLLS/SANDWICHES/PITA BREAD WRAPS</b>	
		Lunch box (sandwich, fresh fruit and 350ml water)	\$5.00
		wrap extra	\$1.00
Cheese and vegemite sandwich	\$2.50	Chicken strip or fish strip wrap	\$4.50
Fresh Fruit	\$ .50	Meat and salad roll	\$4.00
Cup of berries and yogurt	\$2.00	<b>SANDWICHES (Rolls \$.50 extra)</b>	
Toasted cheese sandwich	\$2.50	Choice of 1 with salad: Ham, Chicken, Egg or Tuna	\$3.50
Cheese bag and veggie sticks	\$2.50	Cheese and salad	\$3.50
Fruit salad	\$2.50	<b>Large Salad Bowls</b>	
Pop-Corn or Vegi Chips GF	\$1.20	Egg or Cheese Spring Salad	\$4.50
Hard Boiled Egg	\$ .50	Greek Salad with feta	\$5.00
Yogo	\$2.00	Caesar Salad with egg and bacon	\$5.00
<b>DRINKS</b>		Add Chicken Strip to salad extra	\$2.00
Water 350ml	\$1.00	<b>HOT and Healthy</b>	
Aussie Natural Water 600ml	\$2.00	Nachos with salsa and cheese	\$4.50
200ml milk (banana, chocolate, strawberry)	\$2.00	Hot chicken and mayonnaise roll	\$4.00
600ml milk (chocolate)	\$3.50	Toasted ham, tomato and cheese sandwich	\$3.50
250ml Popper juice (apple, apple, blackcurrant)	\$2.00	Toasted chicken and cheese sandwich	\$3.50
Up and Go (vanilla or chocolate) 300ml	\$2.00	Burgers with salad choice of chicken, beef or vegetarian	\$4.50
600ml Juice	\$3.50	Vegetarian spring roll or vegetarian pizza	\$3.50
<b>SUSHI everyday until sold out</b>		<b>DAILY MEALS</b>	
Tuna, Crispy or Teriyaki Chicken (4pce)	\$4.00	<b>MONDAY</b> Chicken Caesar salad or wrap	\$5.00
Sushi and Salad	\$5.00	<b>TACO TUESDAY</b> 2 Tacos with salad and cheese (1 \$3.50)	\$5.00
<b>NEW Turkish Toasty</b> - choice of:		<b>WEDNESDAY</b> Daily Special, Enjoy!	\$5.00
Chicken, aioli, bacon, spinach and cheese	\$5.00	<b>THURSDAY</b> Beef Lasagne, garlic bread and salad	\$5.00
Mixed meats, aioli, roasted capsicum, spinach and cheese.	\$5.00	<b>FRIDAY #1</b> Fish and salad or wedges	\$5.00
		<b>FRIDAY #2</b> Fried rice with egg and bacon (bacon not in Lent)	\$4.50
		<b>PASTRIES Monday and Friday ONLY (Thursday Lent)</b>	
*Fresh rolls, sandwiches, pita bread wraps - salad is included on all: lettuce, tomato, and carrot. Please advise if you have a different preference or make a standing order. *All hot meals are made fresh daily.		Gluten free beef pie or Cruiser beef pie (Tomato sauce add \$.30)	\$4.50
		Party pie (Tomato sauce add \$.30)	\$1.00
		Spinach and Ricotta Roll (Tomato sauce add \$.30)	\$3.50
		Sausage Roll (beef) (Tomato sauce add \$.30)	\$3.00

**Cathie Lewis Cafe Manager 8am-3pm**

Monday Chicken Caesar Salad



Thursday Beef Lasagne

